



HOW TO PREPARE FOR YOUR NEW PUPPY

Congratulations on your new Seventh Heaven puppy! It's been our pleasure and honor raising these pups, and we've put our hearts and souls into providing them with only the best quality of everything we could give them. Now it's your turn!

GETTING YOUR PUPPY HOME

What to bring: Please plan to bring a crate for your pup to ride home in if you're traveling a distance to pick him up. If you have a "puppy dog car seat" and a "travel harness" to attach the pup's harness to the seat belt, that's also a safe way to transport your puppy in the car. We prefer that the puppy not ride loose in the car because of safety issues. An appropriately sized collar and leash are a must. Hold off on ordering a collar until right before you pick your puppy up because I'll measure their necks then. Bring a limited amount of filtered or bottled water to offer your pup, and bring some of the puppy's PawTree dog food if you experience heavy traffic or have an emergency that would delay your arrival home. A safe chew toy and a Snuggle Puppy, if you choose to purchase one from us for \$35, will provide comfort in the crate. You'll also need potty/pee pads to change out.

Rest Stops: Your puppy has only had one round of vaccinations and isn't completely covered for viruses. **NEVER** stop and get your puppy out at a rest stop. It's the best place in the world to pick up parvo! Be very selective about where you stop if you feel you must stop to get the puppy out. Otherwise, I'd rather see you allow the pup to potty in its crate than chance an environment where the pup can pick up a contagious illness. I've heard that cemeteries are great places to stop with your pup if you can find one along the way. We know that Parvo lives in the ground indefinitely, so if an affected dog has ever pottied where your puppy is standing or walking, you run the risk that your puppy will contract the virus. It's highly contagious and very deadly, so please protect your little baby. Most viruses are transmitted via microdroplets in the air that can travel 20 feet or more or via poop. Never let your puppy go nose to nose with an unknown dog and avoid allowing him near poop left on the ground. Please remember to not allow your puppy to drink tap water, due to the chemicals in the water, which will upset their stomach causing diarrhea. Well water, filtered water or bottled water is preferred. GRADUALLY transition your pup over to tap water!

SUPPLIES NECESSARY

Through many years of trial and error with products, we've developed a list of suggested items you'll need to have on hand as you walk through your door with the baby.

I have tried ALL of these items and recommend them! You can see links for them on our website under *Supplies*.



- Wire crate with an adjustable divider panel, single or double door (Mini's – 30", Medium's 36", Standard 40")
- Crate cover
- Exercise pen 32" tall, 8 panel
- Crate pad to be used after the first few months (old towel for first few months)
- Bed for outside of the crate
- Water bowl (not plastic)
- Food bowl (not plastic)
- Snap off or buckle collar
- 22" Nylon choke style collar for walking, and 6 ft. leash
- Travel Harness
- Shampoo
- Slicker brush – Chris Christiansen
- Metal comb, known as a Greyhound comb
- Waste bag tote and bags
- Pooper Scooper
- Dental care kit
- Nail clippers and or Dremel for grinding nails
- Stain and Odor eliminator spray
- Bitter Apple deterrent spray
- Approximately 5 age-appropriate toys
- Clickers (for Clicker Training)
- Chews and treats – single ingredients, ingredients sourced in the USA, made in the USA
- "Snuggle Puppy" – \$35. Please let me know if you'd like one. I order in bulk so I can pass my savings on to you.

Read each bag of treats to ensure they're made in the USA and that all ingredients are from the USA. Do not buy things that say their ingredients are "globally sourced" because that means they come from a country with no laws governing their proteins.

We recommend a harness for walking and a snap-off collar with tags for everyday wear. Snap-off collars should be loose enough to fit two fingers under them. Because they're designed to snap off if your puppy gets caught, they are unsafe for walking your dog. If you choose not to use a harness for walking, please purchase a nylon choke collar for your leash. If, after leash training, your older puppy is still pulling you when walking, we recommend a "Gentle Leader," which you can type into your search engine. Please remember to remove all collars before



allowing your puppy/dog to “roughhouse play” with other dogs due to the dangers of them getting their collars caught in each other’s mouths and choking.

FEEDING ROUTINE

For the first two weeks, we like for you to feed your pups PawTree dry kibble 2-3 times/day - early morning, lunch, and late afternoon. Give them enough food for them to eat all they want for 10-15 minutes, then pull the food up and store leftovers. Give all the water they can drink after each meal. Playing with your pup as much as possible during the evening is important to keep him awake and tire him out. No evening naps if you can keep him stimulated enough. You’ll BOTH sleep better! Your puppy has been raised on PawTree dry kibble dog food, which is the food their mother was fed during gestation, as well as all of our dogs. PawTree is a top-quality food that is free of preservatives and dyes and made from only natural ingredients sourced only from here in the USA. They’ve never had a recall. Further, I’ve never had a dog or a puppy develop a food allergy while being fed PawTree, which is significant. For the health and well-being of your precious puppy, PLEASE keep him/her on this dog food preferably for their first year, at the least, but certainly for the first few months while you transition her to another top-quality dog food. Changing dog foods is extremely stressful and hard on a puppy or dog, so that’s the very last thing you want to do to a young puppy when they’re already going through the stress of transitioning to a new home and family. We particularly love the fact that PawTree offers many different sources of proteins to add variety to your dogs’ diet. With the picky eaters we board at our kennel, we use PawTree’s tasty Superfood Seasonings added to their food ration that makes the food irresistible! They also have other top-quality items on their website, including toys, beds, holistic health and wellness products, & products for your cat, to name a few. I LOVE their GASTRO PRO PLUS probiotics and use it with all of my litters as well as my adult dogs. Please consider purchasing some of this to have on hand and add to your puppy’s meals while they adjust to the stress of the move to their new home. Check out their website at www.pawtree.com/seven, and please order PawTrees’ Real Chicken and Brown Rice, Real Chicken and Oatmeal or Real Whitefish and Brown Rice **NOW** so you have it when your pup comes home. It’s not available anywhere else, so you’ll need to either order online or call them directly at [855-940-5234](tel:855-940-5234), and be sure to give them our breeder code “**SEVENTH HEAVEN**”. Please be sure to order at least two weeks prior to “Fetch, Puppy! Day”, and since they give a nice discount for your first order, I recommend you place a very big order the first time, which will last you a long time! It’ll take approximately 4-5 business days to receive your order. I also recommend you order three additional items (other than the food) that qualify for free shipping. My favorites are Ear Wash and Ear Dry, Treats, Superfood Seasonings and Gastro Pro Plus. If you sign up for the EZ Ship, after you begin earning Paw Points towards discounts and free stuff.

GROOMING PRODUCTS



In case no one has told you yet, your Goldendoodle puppy will be high maintenance when it comes to taking care of its coat. It is absolutely imperative that you purchase a quality slicker brush and a metal “greyhound” metal comb and brush your dog no less than every other day! We strongly recommend you save up for a Chris Christiansen Coral Slicker (although expensive, if you buy from an approved CC website and not Amazon, you’ll get a lifetime guarantee). This brush has rounded tines so that it doesn’t scrape your dog’s skin, which makes a big difference in how your dog will react to being brushed. You can purchase your metal comb from Amazon or anywhere. While they still have their baby coat you won’t notice many mats, but once their adult coat comes in, around 7 months, you’ll need to be aware of checking for mats on a regular basis. We recommend every 6-8 weeks beginning around 5 months old, for professional grooming by a groomer who has a good reputation grooming Goldendoodles. If you’re a DIY’er like I am, I recommend you join Facebooks *“Doodle Groomers and Owners Come Together”* group. You’ll learn everything you need to know about grooming your own dog, which is a source of satisfaction and pride for me, even though my dogs sometimes look butchered! My motto is “It grows back!” Please use a top-quality shampoo, conditioner and finishing spray if you wash your own dog. You’ll need to visit *“Doodle Groomers and Owners Come Together”* facebook group to understand the importance of self-grooming correctly, both if you want to learn to do it yourself, or between professional grooming visits if you aren’t a DIY’er and can’t be dedicated. Once again, whether you use a professional groomer or do it yourself, it’s best to brush and comb your dog daily! Keep your dog’s rear end shaved in a “sanitary clip”. Tails, armpits, bellies, hips and ears are areas easy to mat so brush/comb those areas frequently. Mats are terribly painful and, if bad enough or left long enough, can cause hot spots and ulcers. Removing the mats will have to be done by a professional, usually in a full body shave down, and will cause untold trauma to your poor baby, not to mention will cost upwards of \$300! Your groomer will NOT be happy with you and will most likely make you feel terrible for being a neglectful dog owner. Give your dog a soft toe massage daily, rubbing each toe to desensitize him because you’ll want to keep his toenails clipped or Dremeled short. Toenails kept too long will cause crooked toes and eventually arthritis. Keep an ear powder on hand always for when your dog goes swimming or plays in water or rain, and after a bath. Wet ears cause infections. Check ears frequently for redness, excess wax buildup or foul odor, which are all indications of an ear infection, and will require veterinary attention. Please research the health benefits of a small daily dose of Apple Cider Vinegar in your puppy/dogs drinking water.

VET WELL-VISIT

You’ll need to find a vet you like, one who is familiar with Goldendoodles, and schedule an appointment for a well-visit within 3 days of picking your pup up from me, per our contract. Please tell your vet that your breeder is very much a part of this puppy’s entire life and will be consulted in the event of anything genetic. As a breeder, this is incredibly important for me to know, for the future of my breeding program. You’ll need to give him/her permission to talk to me. I will not micromanage your puppy’s care, but every good breeder wants to be kept abreast



of the health of a puppy they've brought to this earth, so please be respectful of me with this request. Your puppy's notebook will include a list of the genetically pre-disposed canine diseases specific to the Goldendoodle breed that all of our breeding dogs have been cleared for, and I'd love it if you'd share that with your vet. I will also include the "well-check report card" from my vet, so please share this with your vet so he/she can see that your pup was checked for any obvious health issues and is healthy. Please don't forget to take this notebook along to your vet so they can know what your pup has had so far, i.e. worming, vaccines, food, microchip, etc. This should be documented on your puppy's vet chart. I like to take our pups to my vet between 7 and 8 weeks old for this well-check. My vet will administer the first round of three sets of vaccines. 1st – 7-8 weeks, 2nd 11-12 weeks, and 3rd – 15-16 weeks. Obviously, the 2nd and 3rd round will be your responsibility. This will be a "cocktail" shot called DHPP. I also highly recommend the Bordatello vaccine (kennel cough) as early as your vet can give it. Kennel cough is a highly contagious airborne virus resulting in respiratory distress. The danger is in the secondary infections that can settle in as a result, i.e. pneumonia, which can kill a puppy or elderly dog fast.

PLEASE DO NOT ALLOW YOUR VET TO VACCINATE YOUR PUPPY FOR RABIES AT THE SAME TIME THE DHPP VACCINE IS GIVEN! It's a tough vaccine and giving it at the same time as all the others is horrible on the immune system of a baby of this age. Your vet may want to give it during the 11-12 week visit, please insist on waiting 2- 3 weeks! You have that right, and you absolutely should advocate for your puppy. I have recently had a puppy whose owner, despite these same warnings I'm giving you, allowed the vet to bully her into giving him the DHPP AND RABIES at the same time and all at barely 14 weeks old. This poor puppy had a terrible reaction, had to be hospitalized and struggled for his life for a week before going home, but has been back to the hospital since then, and is still fighting lingering problems. The Internal Med Vet agreed with me that it was as a direct result of so many tough vaccines at once given to such a young baby. PLEASE put 2-3 weeks in between the last DHPP shot and the Rabies shot. Different states have different laws as to when it should be given, and you will be responsible if your puppy attacks someone, so it does put the onus of responsibility on you. It'll also mean an extra trip back to the vet, but it's extremely important to your puppy. Do your due diligence and Google "Vaccinosis in Young Puppies". Learn for yourself so you can intelligently discuss with your vet.

I also recommend waiting 2-3 more weeks after the last vaccine(s) before giving the Lepto vaccine, and never before 16 weeks old. Schedule it for first appointment of the morning so you can watch your puppy closely for any adverse reaction throughout the entire day. Do not give Lymes, Corona or Canine Influenza vaccines UNLESS your vet highly recommends them due to an outbreak in your area. Once again, rather than explaining why to you, I'll ask you to research it for yourself.



These are my strong suggestions as a breeder for 25 years. I am clearly not a vet, so certainly listen to their advice once you have thoroughly researched these topics for yourself. Vaccine reactions in young puppies is real!

When to spay or neuter? New evidence within the AVMA indicates early neuter or spay can contribute to a list of negative implications, such as an increase in cancer, lack of masculinity or femininity, negative behavior issues, joint pain, obesity among other things. Google the Whole Dog Journal.com & read their article "When is a Good Time To Spay or Neuter?" It will explain some of this. As your breeder, I am recommending that ideally you wait until right at a year of age, or more ideally, wait until 14 months old. The exception is IF YOU HAVE ANOTHER INTACT DOG IN OR AROUND YOUR HOME, in which case spay or neuter by around 6-7 months of age. Per our contract, your dog is NOT TO BE BRED, so if there's any risk of that happening, please get it done early! I can assure you won't want to pay the price I've set for a breeding you promised wouldn't happen. It'll be ugly. Again, talk to your vet about these things but explain your breeder's recommendations, please.

BAXTER AND BELLA ONLINE TRAINING

We highly respect this program and strongly encourage you to consider joining. B & B will teach you and your children about how puppies learn, using a variety of modalities, including live Zoom classes, regularly scheduled podcasts, a video library, encouraged family meetings, and several other creative approaches to helping you and your children train your puppy correctly. Plus, they answer emails and phone calls promptly. Their membership is for your LIFETIME, so you can continue to use them as you acquire another puppy's/dog's. Seventh Heaven Goldendoodles has a breeder membership, so if you decide to join you'll provide our Breeder Code, which is **SEVENTH HEAVEN**, and that gives you a 25% discount on the total cost, which is \$178.00 for the Lifetime membership. We love to see our families signing up early, prior to getting your puppy, so that you feel confident about your ability to properly train your new family member. It helps pass the time while you wait those seemingly never-ending months prior to "Fetch, Puppy! Day".

"FETCH, PUPPY!" DAY

As soon as we isolate the perfect days for breeding the sire and dam of your litter, we will know the designated puppy pick up day and we will be contacting you immediately to let you know this date in plenty of time to plan ahead. This will give you four full months to arrange and rearrange your calendar as needed. It is imperative that you plan accordingly because we DO NOT hold your puppy for you! After each litter, we plan on taking a short vacation to visit our grandchildren since we will not have seen them since before your puppy was born. Inevitably, someone will come back to us with "But we've got a family vacation planned", or "It's Christmas and I don't want a puppy around during that time". If it's really that important to you, we can suggest a couple of options for you to consider.



1. You can hire someone to come into your home to puppysit your new puppy while you're on vacation. Ideally, we recommend you postpone your vacation if at all possible, but a sitter would be a suitable alternative if you can't cancel. If you'd just adopted a baby, would you ask the agency to hold it until you've gotten back from vacation? Would you hire a nanny to come in and keep the new baby, while you leisurely enjoy a trip? Your puppy will NOT be safe in a boarding kennel due to cross-contamination of viruses, a certain death sentence, so that's completely out of the question.

2. The second option is to defer your place on the waiting list to a later litter.

3. In the case of a legitimate "unforeseen life-circumstance" that is unavoidable, we will consider those on a case by case basis, and if we are at all able to hold your puppy for you, it will be kept in our home, and we'll continue potty, crate and marker training for you at a charge of \$50/day. But first, you will have to complete the transfer of ownership of the puppy and pay in full on the designated pick up day, and you must have pet insurance.

INTRODUCING YOUR NEW FAMILY MEMBER TO YOUR EXISTING FAMILY PET

If you have an existing family pet, you'll want to introduce them to the new puppy carefully and correctly. Google introducing a new puppy to an existing pet and should get an education on proper practices. There are many great articles to be found on this subject, so please, PLEASE, do your due diligence and take your time to ensure a cohesive family life. It's not fair to any pet not to do your best.

CRATING YOUR NEW PUP

Please continue crating your puppy for its safety as well as your own peace of mind, HOWEVER, the crate should never be used as a punishment. His crate should be his very own safe space. His baby crib, so to speak.

The size of the crate for a Seventh Heaven Goldendoodle PUPPY should be a 30 inch or a 36 inch with a divider for a Mini or Medium sized puppy which should be big enough to crate thru puppyhood, and a crate slightly bigger for projected Standard-sized pups. I strongly encourage you to start looking for a used crate to buy or borrow, but disinfect it carefully outside before putting your puppy in it. If you're going to want to crate your pup into adulthood, then you should purchase a larger size. Just be sure to get one that has an adjustable partition that limits the space your new baby will have to only enough for him to stand up and turn around. As he grows, the partition will be moved back little bits at a time as long as he doesn't eliminate in the area he's allowed, in which case you will need to revert back to less space. We recommend placing a wire crate next to your bed so that you can stick your fingers into the crate to soothe the puppy when he cries during the night Place only a towel or two in there with him, vs a bed, because chances are he'll urinate on a bed so a towel is much easier to throw in the washer.



Make it simple for yourself. Expect your new puppy to cry during the night for the first week but resist the temptation to open the crate and cuddle him. He's in an unfamiliar place with people he doesn't know, and he's most likely just scared, which is why I prefer the crate be beside your bed within site of you, and reaching down to comfort him with your fingers thru the crate is more comforting for him. And if you've done as I've suggested and pulled his water a couple of hours prior to your normal bedtime, and you've taken him out one or two last times, he shouldn't need to go potty during the nite. While here with us, your puppy has had very few, if any, accidents in his crate during the nights because we pull water up by 8p, take them outside to urinate twice before 10-11pm, and I get up about 5:30am and race them all outside to pee and poop, which they all do immediately. If they cry during the night we ignore them and let them potty in their crate if they must, which is how they strengthen their bladder's! Please try your best to ignore his cries during the night, for at least for 45 minutes to an hour. Don't speak to him, but reassure him by sticking your fingers thru the wire crate and rub him. If he continues to cry, and you aren't able to ignore these cries despite your best efforts, go ahead and pick him up and take him immediately outside to potty, realizing that you've now set a precedence and will be now stuck with taking him out during the night every night! Walk in figure 8's around his "potty area" once you place the pup on the ground and tell him "Go potty, go potty". He'll follow behind you until he's ready to go, and you'll see him smelling the ground and circling, trying to find the perfect spot. Watch over your shoulder to be sure he goes. Give verbal praise, then scoop him right back up limiting any conversation, put him back in his crate and try to get some much-needed sleep. During the day, you must take your pup out at least every 45- 60 minutes, except after a meal when he'll need to go out to poop soon after eating. Plan to stay outside with him until he poops. If, after 10 minutes of walking in figure 8's your pup still hasn't tinkled, bring him in, place him in his crate for 20-30 minutes, then let him out of the crate, pick him up, and repeat the process. Whenever you see your puppy smelling the floor/ground and walking around, often in circles, grab him up quickly and run outside because he's looking for a place to go potty! Many people like using Potty bell training. Potty bells can be purchased from Amazon and are a series of 3 bells that hang on the doorknob, low enough for the puppy to use his nose to bump, signaling his need to go out. To train your pup to potty bells, you'll need to bump his nose on the bells for him, then IMMEDIATELY open the door to the outside. Do this until he gets it. Puppies need naps just as babies do. Please allow your pup to be placed in it's crate in a quiet room for a nice long nap, typically during the early afternoon hours. Your puppy will take shorter naps all throughout the day, beginning in the morning. Pups who haven't had enough rest throughout the day will show signs of overstimulation typically in the late afternoon which includes growling, play-biting, zooming around, lack of listening, and other negative behaviors.

We also recommend a "Snuggle Puppy" to comfort him during the night. If you'd like one, we can order it for you and place it in your pup's crate and in with his littermates so it smells like them while with us. The cost is \$35, cheaper than the same thing on Amazon, and we don't



charge you any more than what it costs us. DO NOT give in to your puppy and put him in your bed unless you plan to continue allowing your puppy to sleep in the bed with you. Let your puppy cry it out, stick with this for a week and you'll find your pup has adjusted to his routine and enjoys his nighttime bed. This has worked for me repeatedly through the years with my own pups, and just requires perseverance. I'll also say that about 50% of our pups, we are told, sleep through the night from their first week, so if you can resist giving in to their cries, you'll reap the benefits! An alternative to placing the crate in your bedroom beside your bed is to place it in a faraway laundry room/bathroom/guest room/etc, turn a fan on the puppy for white noise, put the Snuggle Puppy in with him, cover the crate, close the door, and go get yourself some sleep! Feeding your pup in its crate, giving treats every time he must go in, and/or giving him safe toys will help make the crate an enjoyable place for your puppy.

EXERCISE PEN

I highly recommend using an 8 panel 32" tall ex-pen in your living area so your puppy has more space than a crate. Save the crate for bedtime sleeping only. Check out ex-pens on Amazon as an alternative to a second crate in your living area.

BAD HABITS

Puppies are NOT ALLOWED TO NIP OR MOUTH YOU! You are not their sibling, and they can't treat you like you are. Certainly, it's not done aggressively, but sharp teeth hurt and tear skin. Stop the behavior immediately and consistently by unlocking the pup's teeth, grab its muzzle and give a loud obnoxious "UH-UH!" Goldendoodles are the product of two "mouthy" breeds that retrieve – the Poodle and the Golden Retriever - so it's a natural thing for them to nip or mouth things. Redirect them using a toy or play a game with them, but if repetitive correction doesn't work, remove them from the area, or take them outside. Please warn your children about puppy biting, and explain why they teethe, and that it's not because they're being mean.

You and your family will have to change YOUR OWN bad habits also. No more underwear or socks on the floor. Pencils/pens, paper clips, bread ties, Christmas ornaments, glass, Lego's, Barbie shoes/clothes, other children's toys...ANYTHING big enough to fit in the mouth can kill your baby, so be more aware now than you've ever been about what's within their reach. Obstruction surgery costs upwards of \$5000. This is a great reason to keep pet insurance for accidents and illnesses on your new puppy for at least the first year. I'll give you your first month of Trupanion Pet Insurance for free. Please research pet insurance companies and decide which one works best for you.

JUMPING UP on people is totally obnoxious. Do not be one of those people who allows their dog to jump on people. Using your leg to offset their balance should correct them if used consistently.



THROWING UP IN THE CAR happens to be a common Doodle thing for whatever reason. It's more of an anxiety issue than it is a motion sickness issue, so we recommend daily 1-5 minute car rides for the first 3 weeks in order to condition your puppy. Make it a fun, exciting adventure, always rewarding your puppy with treats and exaggerated praise immediately upon arriving at home again. Please be diligent with this so that you won't miss the limited window of opportunity you have to change this. You'll be glad you did. Talk to your vet about using Bonine (Meclazine) or Benedryl if this persists once your puppy is an adult.

Please google and research "Separation Anxiety in dogs" since this breed is prone to it. I encourage you to begin working on it as soon as the first day you have your puppy.

NO POUNDING ON JOINTS! Until growth plates are completely closed, you can do extensive damage to a puppy's joints by allowing them to jump up or off of things. For instance, no jumping from the car to the ground. No jumping onto or off furniture, especially a bed due to the height. Limit exercise to what is appropriate for your puppy's age. The #1 reason for environmentally caused Hip Dysplasia is **OBESITY!** Keep your puppy/dog lean, please.

Puppies need naps just as babies do. Please allow your pup to be placed in it's crate in a quiet room for a nice long nap, typically during the early afternoon hours. Your puppy will take shorter naps all throughout the day, beginning in the morning. Pups who haven't had enough rest throughout the day will show signs of overstimulation typically in the late afternoon which includes growling, play-biting, zooming around, lack of listening, and other negative behaviors.

SUMMARY

Glenn and I are here for you forever, so please feel free to reach out to us by phone, emails, texts. We will WANT to stay in touch with you throughout this puppy's life, so please give us periodic updates at least. Frequent updates are wonderful! We love pictures and may ask you if we may add one you send us to the website. We like to show your puppy off to others. We encourage you to join our Seventh Heaven Goldendoodle Family facebook group. It's a fun way to stay in touch with littermates and other relatives. It's also a great place for us to post educational topics and updates for you. Lastly, you would be doing us a huge favor if you were to give us a positive review on our Seventh Heaven Goldendoodles "Google My Business" site. The more reviews we have, the higher we rise in their ranks towards being the first South Carolina Goldendoodle breeder to show up on the list of Goldendoodle breeders when people google the options, which is our goal. We would be so grateful to you for giving us a review.

The link is listed below:

<https://g.page/r/CXanqE3nCvuxEBM/review>

Thank you for believing in us! We trust you to give this puppy the best life possible...

Cindy and Glenn Niske
Seventh Heaven Goldendoodles
803-463-5639