



## How to Prepare For Your New Puppy

Congratulations on your new Seventh Heaven puppy! It's been our pleasure and honor raising these pups, and we've put our hearts and souls into providing them with only the best quality of everything we could give them. Now it's your turn!

### GETTING YOUR PUPPY HOME

Please plan to bring a crate for your pup to ride home in if you're travelling a distance to pick him or her up. We prefer that the puppy not ride loose in the car because of safety issues. An appropriately sized collar and leash is a must. Bring a limited amount of water to offer your pup and bring some of the puppy PawTree dog food in case you experience heavy traffic or have an emergency situation which would delay your arrival home. A safe chew toy and a Snuggle Puppy, if you have one, will provide comfort in the crate. You'll also need potty/pee pads for changing out.

Your puppy has only had one round of vaccinations and isn't completely covered for viruses. NEVER stop and get your puppy out at a rest stop. It's the best place in the world to pick up Parvo! Be very selective about where you stop **if** you feel you must stop to get the puppy out. Otherwise, I'd rather see you just allow the pup to potty in its crate than chance an environment where the pup can pick up a contagious illness. We know that Parvo lives in the ground forever, so if an affected dog has ever pottied where your puppy is standing or walking you run the risk that your puppy will contract the virus. It's highly contagious and very deadly, so please protect your little baby. Most viruses are transmitted via microdroplets in the air that can travel 20 feet or more, or via poop. Never let your puppy go nose to nose with an unknown dog and avoid allowing him near poop left on the ground.

### SUPPLIES NECESSARY

Through many years of trial and error with products, we've developed a list of suggested items you'll need to have on hand as you walk through your door with the baby.

Although you may prefer to buy your products from a brick and mortar store, we suggest the convenience of ordering under our Amazon Associates account:

<https://www.seventhheavengoldendoodles.com/forms--supplies.html>

I have tried ALL of these items and recommend them!



Wire crate with adjustable panel  
Crate cover  
Exercise pen  
Crate bed to be used after the first few months  
Bed for outside of the crate  
Water bowl  
Food bowl  
Nylon collar, choke style for walking, and 6 ft. leash  
Harness  
Shampoo  
Slicker brush – Chris Christiansen or  
Metal comb, known as a Greyhound comb  
Waste bag tote and bags  
Dental care kit  
Nail clippers and or Dremel for grinding nails  
Stain and Odor eliminator spray  
Bitter Apple deterrent spray  
Approximately 5 age appropriate toys  
Clickers (for Clicker Training).

- Read each bag of treats to ensure they're made here in the USA, and that all ingredients are from the USA. Do not buy things that say their ingredients are "Globally sourced" because that means it comes from China or a country with no laws governing their proteins.
- We recommend a harness for walking and a snap off collar with tags for everyday wear. Snap off collars should be loose enough for you to fit two fingers under it. Because they're designed to snap off if your puppy gets it caught somehow, they are not safe for walking your dog. If you choose not to use a harness for walking, please purchase a nylon choke collar for your leash, but always remove the choke after the walk.

#### FEEDING ROUTINE

For the first two weeks we like for you to feed your pups PawTree dry kibble 4 times/day - early morning, lunch, late afternoon, and a smaller evening meal at least 2 hours prior to bedtime. Give them enough food for them to eat all they want for 10-15 minutes, then pull the food up and store leftovers. Give all the water they can drink after each of those 4 meals. After the first 2 weeks, eliminate the evening meal but continue to give 4 offerings of water. After the first 4 weeks, you can eliminate the noon meal.



It's important to play with your pup as much as possible during the evening to keep him awake and tire him out. No evening naps. You'll BOTH sleep better!

Your puppy has been raised on PawTree dry kibble dog food, which is the food their mother was fed during gestation, as well as all of our dogs. PawTree is a top-quality food that is free of preservatives and dyes and made from only natural ingredients sourced only from here in the USA. For the health and well-being of your precious puppy, PLEASE keep him/her on this dog food preferably for their first year, at the least, but certainly for the first few months while you transition her to another top-quality dog food. We particularly love the fact that PawTree offers many different sources of proteins to add variety to your dogs' diet. With the picky eaters we board at our kennel, we use PawTrees tasty Superfood Seasonings added to their food ration that makes the food irresistible! They also have other top-quality items on their website, including toys, beds, holistic health and wellness products, & products for your cat, to name a few. I LOVE their GASTRO PRO PLUS probiotics and use it with all of my litters as well as my adult dogs. Please consider purchasing some of this to have on hand and add to your puppy's meals while they adjust to the stress of the move to their new home. Check out their website at [www.pawtree.com/seven](http://www.pawtree.com/seven) and please order PawTrees' Real Turkey and Sweet Potato Recipe NOW so you have it when your pup comes home. It's not available anywhere else, so you'll need to either order online or call them directly. It'll take approximately 4-5 business days to receive your order.

I recommend you order three additional items (other than the food) that qualify for free shipping. My favorites are Ear Wash and Ear Dry, Treats, Superfood Seasonings and Gastro Pro Plus. Chillax may help with anxiety, including throwing up in the car. If you sign up for the EZ Ship, after your first three orders you begin earning Paw Points towards discounts and free stuff.

#### GROOMING PRODUCTS

In case no one has told you yet, your Goldendoodle puppy will be high maintenance when it comes to taking care of its coat. It is absolutely imperative that you purchase a quality slicker brush and a "greyhound" metal comb and brush your dog no less than every other day! We strongly recommend you save up for a Chris Christiansen Coral Slicker (although expensive, if you buy from an approved CC website and not Amazon, you'll get a lifetime guarantee) You can purchase your metal comb from Amazon. While they still have their baby coat you won't notice many mats, but once their adult coat comes in, around 7 months, you'll need to be aware of checking for mats on a regular basis. We recommend every 6-8 weeks beginning around 5 months old for professional grooming by a groomer who has a good reputation grooming Goldendoodles. If you're a DIY'er like I am, I recommend you join Facebooks "Doodle Groomers and Owners Come Together" group. You'll learn everything you need to know about grooming



your own dog, which is a source of satisfaction and pride for me, even though my dogs sometimes look butchered! My motto is "It grows back!" Please use a top-quality shampoo, conditioner and finishing spray if you wash your own dog. You'll need to visit "Doodle Groomers and Owners Come Together" facebook group to understand the importance of self-grooming correctly, both if you want to learn to do it yourself, or between professional grooming visits if you aren't a DIY'er and can't be dedicated. Once again, whether you use a professional groomer or do it yourself, it's best to brush and comb your dog daily! Keep your dog's rear end shaved in a "sanitary clip". Tails, armpits and ears are areas easy to mat so brush/comb those areas frequently. Mats are terribly painful and, if bad enough or left long enough, can cause hot spots and ulcers. Removing the mats will have to be done by a professional, and will cause untold trauma to your poor baby, not to mention will cost upwards of \$300! Your groomer will NOT be happy with you and will most likely make you feel terrible for being a neglectful dog owner.

Give your dog a soft toe massage daily, rubbing each toe to desensitize him because you'll want to keep his toenails clipped or Dremeled short. Toenails kept too long will cause crooked toes and eventually arthritis.

Keep an ear powder on hand always for when your dog goes swimming or plays in water or rain, and after a bath. Wet ears cause infections. Check ears frequently for redness, excess wax buildup or foul odor, which are all indications of an ear infection, and will require veterinary attention.

#### VET WELL-VISIT

You'll need to find a vet you like, one who is familiar with Goldendoodles, and schedule an appointment for a well-visit within 5 days of picking your pup up from me, per our contract. Please tell your vet that your breeder is very much a part of this puppy's entire life and will be consulted in the event of anything genetic. You'll need to give him/her permission to talk to me, per HIPPA laws. I will not micromanage your puppy's care, but every good breeder wants to be kept abreast of the health of a puppy they brought to this earth, so please be respectful of me with this request!

I will send a "well-check report card" from my vet home with you when you pick up your puppy. Please take this along to your vet so they can know what your pup has had so far, i.e. worming, vaccines, food, microchip, etc. This should be documented on your puppy's vet chart. I like to take our pups to my vet between 7 and 8 weeks old for this well-check.

While I can do my own vaccines, I choose to pay my vet to do the first round. Your pup will need 3 sets of vaccines.

1<sup>st</sup> – 7-8 weeks



2<sup>nd</sup> 11-12 weeks

3<sup>rd</sup> – 15-16 weeks

Obviously, the 2<sup>nd</sup> and 3<sup>rd</sup> round will be your responsibility.

This will be a “cocktail” shot called DHPP. I also highly recommend the Bordatello vaccine (kennel cough) as early as your vet can give it. Kennel cough is a highly contagious, airborne virus resulting in respiratory distress. The danger is in the secondary infections that can settle in as a result, i.e. pneumonia, which can kill a puppy or elderly dog fast.

RABIES SHOTS! I hate them! But they’re required, so you have to get one. Your vet will want to give it during the 15-16 week visit, BUT DON’T! It’s a tough vaccine and giving them all at once is horrible on the immune system of a baby of this age. PLEASE put 2-3 weeks in between the last DHPP shot and the Rabies shot. It’ll mean an extra trip back to the vet, but it’s extremely important to your puppy. I actually prefer to wait to give the rabies until 6 months old myself, but if anything happens such as an accidental bite or running into a rabid animal, you will be liable, so do your due diligence and Google “Rabies vaccines for Canines”. Learn for yourself so you can intelligently discuss with your vet. By the way, I love Dr. Jean Dodds, a very well-known immunologist, who has her own protocol for vaccines. She’s very conservative and will explain to you why. Google her.

Do not give Lymes, Lepto, Corona or Canine Influenza vaccines UNLESS your vet highly recommends them due to an outbreak in your area. Once again, rather than explaining why to you, I’ll ask you to research why. IF your vet feels there’s a risk of Lepto in your area and prefers to vaccinate for it, wait 2-3 weeks AFTER the Rabies is given, and schedule it for the morning so you can watch your puppy closely for any adverse reaction.

These are my strong suggestions as a breeder for 25 years. I am clearly not a vet, so please follow their advice.

When to spay or neuter?

New evidence within the AVMA indicates early neuter or spay can contribute to a list of negative implications, such as an increase in cancer, lack of masculinity or femininity, negative behavior issues, joint pain, obesity among other things. Google the Whole Dog Journal.com & read their article “When is a Good Time To Spay or Neuter?” It will explain some of this. Even my own vet, who is ultra conservative and didn’t believe my concerns about early neuter/spay many years ago, has now joined my team and recommends waiting a bit longer.

As your breeder, I am recommending that ideally you wait until just prior to, or right at, a year of age. The exception is IF YOU HAVE ANOTHER INTACT DOG IN OR AROUND YOUR HOME, in which case spay or neuter by around 6-7 months of age.



Per our contract, your dog is **NOT TO BE BRED**, so if there's any risk of that happening, please get it done early! I can assure you won't want to pay the price I've set for a breeding you promised wouldn't happen. It'll be ugly.

Again, talk to your vet about these things but explain your breeder's recommendations, please.

#### INTRODUCING YOUR NEW FAMILY MEMBER TO YOUR EXISTING FAMILY PET

If you have an existing family pet, you'll want to introduce them carefully and correctly. Google introducing a new puppy to an existing pet and you should get an education on proper practices.

There are many great articles to be found on this subject, so please, PLEASE, do your due diligence and take your time to ensure a cohesive family life. It's not fair to any pet not to do your best.

#### CRATING YOUR NEW PUP

Please continue crating your puppy for its safety as well as your own peace of mind, HOWEVER, the crate should never be used as a punishment. His crate should be his very own safe space. His baby crib, so to speak.

The size of the crate for a Seventh Heaven Goldendoodle PUPPY should be a 30 inch or a 36 inch, which should be big enough to crate thru puppyhood. If you're going to want to crate your pup into adulthood, then you should purchase a larger one. Just be sure to get one that has an adjustable partition that limits the space your new baby will have to only enough for him to stand up and turn around. As he grows, the partition will be moved back little bits at a time as long as he doesn't eliminate in the area he's allowed, in which case you will need to revert back to less space. We recommend placing a wire crate next to your bed so that you can stick your fingers into the crate to soothe the puppy when he cries. Place only a towel or two in there with him, vs a bed, because chances are he'll urinate on a bed. Make it simple for yourself.

Expect your new puppy to cry during the night for the first week but resist the temptation to open the crate and cuddle him. Do your best to ignore his cries but if he cries for 2 hours despite your best efforts, go ahead and pick him up and take him immediately outside to potty. Walk in figure 8's around his "potty area" once you place the pup on the ground. He'll bound behind you until he's ready to go. You'll need to watch over your shoulder to be sure he goes. Put him right back in his crate and try to get some much-needed sleep!



A puppy can hold his urine as long as his age + 1 hour, so when the pup is 8 weeks old, he can hold himself for up to 3 hours. At three months old he'll be able to hold himself for 4 hours, and so on.

During the day, you must take your pup out every 45- 60 minutes, except after a meal when he'll need to go out to poop immediately after eating. Plan to stay outside with him until he poops. If, after 10 minutes of walking in figure 8's your pup still hasn't tinkled, bring him in, place him in his crate for 20-30 minutes, let him out of the crate, pick him up, and repeat the process.

We like Potty bell training. Potty bells can be purchased from Amazon and are a series of 3 bells that hang on the doorknob, low enough for the puppy to use his nose to bump, signaling his need to go out. To train your pup to Potty Bells, you'll need to bump his nose on the bells for him, then IMMEDIATELY open the door to the outside. Do this until he gets it. Your puppy will need 3 hours of crating in a quiet place during the day, leaving him alone. Give him a Nylabone to chew on, and a safe toy that requires no supervision to play with. Cover his crate with a blanket or purchase a cover for your crate. They need this time to rest. They're still babies! Also, this helps with separation anxiety throughout your dog's life.

We also recommend a "Snuggle Puppy" to comfort him during the night. If you'd like one, we can order it for you and place it in your pup's crate while with us. The cost is \$40, and we don't charge you any more than what it costs us. **DO NOT** give in to your puppy and put him in your bed unless you plan to continue allowing your puppy to sleep in the bed with you. Let your puppy cry it out, stick with this for a week and you'll find your pup has adjusted to his routine and enjoys his nighttime bed. This has worked for me repeatedly through the years with my own pups, and just requires perseverance. Feeding your pup in its crate, giving treats every time he must go in, and/or giving him safe toys will help make the crate an enjoyable place for your puppy.

## BAD HABITS

Puppies are NOT ALLOWED TO NIP OR MOUTH YOU! You are not their sibling and they can't treat you like you are. Certainly, it's not done in an aggressive manner, but sharp teeth hurt and tear skin. Stop the behavior immediately and consistently by unlocking the pup's teeth, grab its muzzle and give a loud obnoxious "UH-UH!" Goldendoodles are the product of two "mouthy" breeds that retrieve – the Poodle and the Golden Retriever - so it's a natural thing for them to nip or mouth things. Redirect them using a toy or play a game with them, but if repetitive correction doesn't work, remove them from the area, or take them outside. YOU AND YOUR FAMILY will have to change YOUR OWN bad habits also! No more underwear or socks on the floor. Pencils/pens, paper clips, bread ties, Christmas ornaments, glass,



childrens' toys...ANYTHING big enough to fit in the mouth can kill your baby, so be more aware now than you've ever been about what's within their reach. Obstruction surgery costs upwards of \$5000, and I know plenty of Goldendoodles who've had to undergo this surgery because of things left on the floor.

JUMPING UP on people is totally obnoxious. Do not be one of those people who allows their dog to jump on people. Using your leg to offset their balance should correct them if used consistently.

THROWING UP IN THE CAR happens to be a common Doodle thing for whatever reason. It's more of an anxiety issue than it is a motion sickness issue, so we recommend daily 1-5 minute car rides for the first 3 weeks in order to condition your puppy. Make it a fun, exciting adventure, always rewarding your puppy with treats and exaggerated praise immediately upon arriving at home again. Please be diligent with this so that you won't miss the limited window of opportunity you have to change this. You'll be glad you did.

NO POUNDING ON JOINTS! Until growth plates are completely closed, you can do extensive damage to a puppy's joints by allowing them to jump off of things. For instance, no jumping from the car to the ground. No jumping onto or off furniture, especially a bed due to the height. Limit exercise to what is appropriate for your puppy's age.

#### SUMMARY

Glenn and I are here for you forever, so please feel free to reach out to us by phone, e-mails, texts. We will WANT to stay in touch with you throughout this puppy's life, so please give us periodic updates at least. Frequent updates are wonderful! We love pictures and may ask you if we may add one you send us to the website. We like to show your puppy off to others. Thank you for trusting us. We trust you to give this puppy the best life possible...